

Continuing Professional Development

CPD has many uses for Healers:

- To maintain and enhance their knowledge, skills and competence
- To improve client or patient care and welfare through increased understanding and the development of new skills
- To contribute to the development of healing as a whole and to improve the nature and status of healing
- Spiritual self-development

All healers are required to complete a CPD record sheet for each year of membership.

CPD requirements

- Members must complete a minimum of 15 hours CPD each year, of which 10 hours must be directly relevant to Shamanic Healing (Healing). The other five hours must be more general learning to support their overall development as a professional practitioner
- Members must complete a range of CPD activities, with no more than a third of the total CPD hours spent on any single activity in one year.
- Members must keep an up-to-date log of their CPD activities. A copy of the SHC CPD log template is attached to this document.
- At renewal, each member must confirm that they have met these CPD requirements and, if requested by SHC at any time, must provide a copy of their completed log.

CPD is an on-going lifelong process of learning from the point of basic qualification. It is related to Shamanic healing and its issues, which enable members to work in a "professional" manner. It involves activities which facilitate the progress of their own and healing's credibility and identity.

CPD can be undertaken on a daily basis, through informal activities between healers. Regularly, via structured guided activities either on an individual or group basis. Intermittently, by attendance at formal events such as conferences or courses. Continually, through reflection on and in practice.

CPD can be undertaken while seeing a client, on the telephone, in e-mails or faxes, in communication with one or more colleagues, by post, in group settings, small informal meetings or large formal events, on the Internet, in the library, at home or in education establishments.

Healers should undertake CPD to a level and rigour that is commensurate with the environment in which they practice or intend to practice healing. This may range from a formal approach utilising a forward plan of activity and daily log for those healers who charge for their services or work within the medical profession to an informal approach for occasional, volunteer healers where, perhaps annually, they should think about how their development can proceed and make plans for this, at least ensuring that they keep up with environmental requirements of healers.

The aim is for healers to achieve an ever-increasing understanding of themselves, the environment in which they give healing, their knowledge, skills and healing ability.

